



Psychotherapy Institute

120 Carlton St., Suite 203, Toronto, Canada M5A 4K2

NISAN INTIMACY TASK INVENTORY / COUPLES COUSSELLING (NITI)

Larry Nisan, M.Ed.,
Executive Director

Client's Names: _____

LOW 1 2 3 4 5 HIGH

Date: _____

			TASKS			
RATES SELF	RATES	GUESSES HOW		GUESSES HOW	RATES	RATES SELF
		RATES HIM/HER		RATES HIM/HER		
			<u>WORK</u> Gain value and satisfaction			
			<u>LEISURE & RECREATION</u> Gain value and satisfaction			
			<u>SELF CONCEPT</u> Be aware of, understand and accept oneself			
			<u>MEANING IN LIFE</u> Direction and purpose			
			<u>SPIRITUAL AESTHETIC PHILOSOPHICAL</u> God/Beauty/Truth			
			<u>LOVE PARTNER</u> Offer and share intimacy			
			<u>SEX PARTNER</u> Intimate communication and pleasure			
			<u>FRIEND-IN-NEED</u> Supporter and encourager			
			<u>PARENT (SOCIAL-ALTRUIST)</u> Able to give without expecting in return			
			<u>FRIEND</u> Friend to your friends and extended family			